



SAP

Resources, Hotlines and Sources of Information



NESHANNOCK JUNIOR/SENIOR HIGH SCHOOL "STUDENT ASSISTANCE PROGRAM"



Hotlines

Human Services Crisis Line	724-652-9000
Childline	1-800-932-0313
Runaway Hotline	1-800-621-4000

Chemical Dependency/Drug & Alcohol Counseling

Lawrence County Drug & Alcohol Commission, Inc.	724-658-5580
Western Psychiatric Adolescent Drug/Alcohol (Pittsburgh)	1-412-647-2345
White Deer Run	724-657-9916
Al-Anon	1-800-356-9996
Alcoholics Anonymous (AA)	724-658-0585
Catholic Charities	724-658-5526
Center For Children & Family	1-412-624-3550
Drug & Alcohol Services of Beaver Valley	1-877-451-7799

Stress/Suicide/Mental Health

Lawrence County Crisis Team	724 - 652-9000
Lawrence County Children's Services (CYS)	724-658-2558
Human Services Center	724-658-7874
Cray Challenges	724-654-8422
Jameson Hospital	724-658-9001
Lawrence County Children's Services (CYS)	724-658-2558
Sharon Regional Hospital	724-983-3911
Todd Children's Hospital	1-330-747-6700

Other

Neshannock Police Department	724 - 654-4211
Pennsylvania State Police (Wilmington Rd.)	724 - 598-2211
Crisis Shelter	724 - 652-9036
Children's Advocacy Center	724 - 658-4688
Crisis Pregnancy Center	724 - 658-6329
Red Cross (New Castle)	724 - 652-7724
Teen Parenting (MIU4)	724 - 458-6700

Websites

www.health.state.pa.us
www.cdc.gov

**S - STUDENT
A- ASSISTANCE
P - PROGRAM**



“THE SAP TEAM”

As the old man walked the beach at dawn, he noticed a young man picking up a starfish and flinging it into the sea. Finally catching up with the youth, he asked him why he was doing this. The answer was that the stranded starfish would die if left until the morning sun. “But the beach goes on for miles and there are millions of starfish,” countered the old man. “How can your effort make any difference?” The young man looked at the starfish in his hand and then threw it to the safety in the waves. “It makes a difference to this one,” he said.

Anonymous



What Is The Student Assistance Program?

The Student Assistance Program was created to help our students overcome obstacles that could be affecting their educational experiences.

Students may be referred to appropriate community services. This is a referral service and not intended to provide long-term therapy or treatment.

The Student Assistance Program Team is made up of specially trained school and community personnel.

“SAP” CORE TEAM (Student Assistance Program)

Luca Passarelli	Senior High School Principal
Dr. Tracy McCalla	Junior High School Principal
Brenda DeVincentis	Senior High Guidance Counselor
Adam Held	Junior High Guidance Counselor
Lisa McCaskey	Neshannock High School Nurse
Jennifer Brown	Lawrence County Drug & Alcohol Commission, Inc.
Terry Bliss	Human Services

“THE SAP TEAM”

Methods For Student Referral To The Student Assistance Program Team

1. Written referral forms are available in the **Guidance Office** or the **Nurse’s Office**. **Completed forms** may be returned
2. anonymously to the **nurse’s or guidance office**.
3. Any member of the **Student Assistance Program Team** may be contacted by calling the high school office at **724-658-5513**
4. Appointments may be made to discuss concerns.
5. Referrals may be submitted by parents, teachers, counselors, administrators, self, or friends.

Reasons For Referrals:

FAMILY, ACADEMIC, PEER OR EMOTIONAL DIFFICULTIES, BULLYING, ABUSE, SUICIDE, STRESS, DEPRESSION, OR DRUG, STEROID AND/OR ALCOHOL CONCERNS

Some students at risk may demonstrate one or more of the following characteristics:

1. **Unexplained Changes**
 - Change in eating or sleeping habits
 - Mood swings
 - Physical appearances that could indicate drug or alcohol use
 - Self mutilation (Cutting)
 - Drops out of activities
 - Doesn’t bring home friends/change in friends
 - Academic performances
 - Interests
2. **Preoccupation With Death**
 - Talking about death
 - Taking unnecessary risks
 - Had a friend or relative recently commit suicide
3. **Personality Changes**
 - Withdrawal, increases in aggression, anxiety, moodiness
 - Person’s life is disorganized, in crisis
 - Relies on chemicals to feel normal
4. **Recent Crisis**
 - Divorce or separation
 - Death or serious illness in the family
 - Hospitalization of self or family
 - Loss of family income
5. **Eating Disorders**
 - Distorted body image
 - Weight fluctuations
 - Makes excuses for not eating
 - Frequent trips to restroom after eating
 - Excessive Fatigue
6. **Alcohol, Drug, Steroid use**
 - Change in eating or sleeping habits
 - Mood swings
 - Body mass changing over short period of time
 - Increased acne
 - Invincibility complex
 - Change in friends

